

Amalia Starr

Author, Keynote Speaker, Independent Living Coach, and Autism Mom Expert
Keynotes, Workshops, Seminars, Trainings, and Private Consultations
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Amalia is a pioneer, trailblazer, and a livingroadmap with 40 years of firsthand experience filled with solutions, answers, wisdom and hope.

With Amalia's vast years of experience and knowledge, she offers a variety of topics to choose from. Combine any of the topics (in the list below) that you would like Amalia to present to your organization, conference, group, or meeting. She is happy to work with you in any way she can in order to make your event a huge success. Every presentation is new and relevant created to not only meet her client's needs but to go beyond their expectations for each and every client she works with. Amalia loves what she does and it shows.

Here are some of Amalia's most popular topics:

1. Discover How to Survive and Thrive While Traveling Along the Autism Trail: The Seven Main Signposts

This is typically the sequential order on the path and all are equally important. You cannot achieve one without the others.

1. Diagnosis-The earlier the better
2. Acceptance-Is the answer
3. How to get the parents and professionals to work together
4. Tips and tools to help your children reach their full potential
5. Discover the importance of independence training for parents
7. Learn what you can do now to care for your children after you're gone

From Diagnosis to Acceptance, and on to Independence and the Future:

Don't allow your fears to stop you and your children from moving forward. Learn how to move through your fears and find your inner strength to help your children reach their full potential and gain maximum independence. Discover how to create a successful path and map out your own personalized trail for you and your child. You will learn how to embark upon this lifelong process that begins right where you are today. Your attendees will leave with a step-by-step plan on how to successfully move forward and build a solid foundation for their children's future.

2. A Mother and Son's Forty-Year Journey: Lessons Learned Along the Autism Trail

Living on the autism trail is a journey and a process that continues to change directions. Through love, acceptance and understanding we all have a much better chance of helping our children achieve success. Our autistic children silently demand that those close to them change and grow. I find these children to be some of the finest teachers.

Listen to Amalia as she blazes the trails ahead for others to follow in an uplifting style all her own that promotes growth and wellbeing. Nothing is more encouraging than listening to a parent who is ahead of you on the path sharing practical advice and firsthand experiences. She knows what you are going through because she has been where you are. Gain the insight and tips of what to do and learn what pitfalls to avoid making your life on the path much easier to travel.

3. The Importance of Independence Training for Parents

Independence Training Programs Include:

- 1. Explore the art of "Letting Go"**
- 2. Learn when "Good Enough" is good enough**
- 3. Discover what you can do if you are an enabler and become an observer**
- 4. Differentiate between your unnecessary fears and healthy fears**
- 5. Identify overprotective and codependent tendencies**
- 6. Know when to take risks and when not to**
- 5. Find ways to maintain an optimistic perspective while being realistic**
- 6. Prepare and organize a written plan and map out your child's future to reach maximum independence**

For example:

Teaching parents the art of "letting go" is crucial. It will help to lessen their fears and encourage their children to reach maximum independence. Once they understand the process many of my clients have been able to loosen the reins and allow their children more freedom and space. It is not an easy transition for a child and is often as difficult for parents, if not more so. Without this step many of our autistic adult children will remain at home even if and when they are able to go and live outside the home.

4. Learn How to Care for Your Child After You're Gone

- 1. Discover how to write an Instructional Care Manual, ICM**
- 2. Learn what a Step In Parenting Network, SIPN is**
- 3. Review the selection process for your networkers, who are volunteer**

helpers

4. Examine what legal and formal documents you must prepare

Amalia Starr's new book, Left Behind, But Not Forgotten will be released in June, 2014, in which she writes all about this subject matter and includes a separate in depth section on "How to Achieve Independence." The more independent our children are, the better it will be for them now and after their parents are gone. Yes, talking about one's mortality is never an easy or pleasant topic, but with our special needs children it may be the single most important thing a parent can do.

Amalia has discovered that when parents address this issue head on they feel a tremendous relief. No reason to put this off anymore, Amalia will take you hand in hand as she shares how she achieved this goal and how you can too.

5. Training for the Professionals

Getting the Professional and Parents on Board

If we want our children to succeed, we must have the parents and professionals work together as a team. Amalia will explain what the professionals need to know before they step into a special needs child's life. They will learn the communication skills that bridge the gap between the parents and professionals. They will discover how to remain focused on the best interest of the children while befriending the parents. With the parents and the professionals working together our children will have a much greater chance of developing, growing, and reaching maximum independence.

HOPE is always included in all of Amalia Starr's speeches and trainings. "It is a necessity", says Starr.

THERE IS HOPE